

Fitness Facilities

Clean and disinfect gyms

No matter your resources or your budget, you can improve the cleanliness of your gym today and it's an impression that your members will notice.



Keeping your facility clean is easy once you institutionalize cleanliness as a policy. Begin by creating a checklist for your business. Once you have a checklist, make sure that your staff follows the check list.



It is important to take extra care in disinfecting all high-touch areas including, training equipment, locker rooms, showers, and changing areas. At Multi-Clean, we understand how important image can be in this highly competitive industry. To operate a clean and well maintained facility takes planning, and commitment.

Identify your specific cleaning needs. Fitness Club Cleaning Checklist:

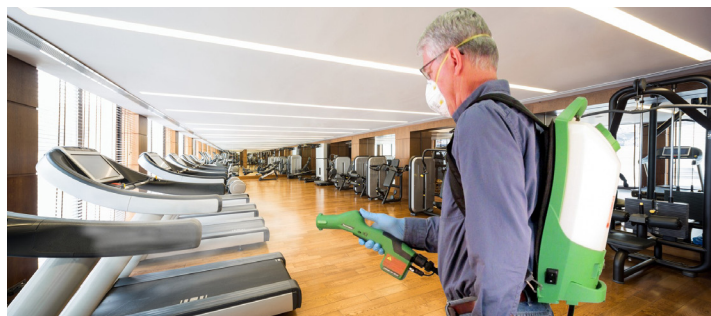
Addressing Germs

Fitness and health clubs present a challenge, germs are found on exercise machines, lockers, restrooms, and showers. Having a thorough cleaning program can help you tackle fitness club cleaning efficiently.

Exercise Equipment and Weights

One challenge in a gym can be cleaning exercise equipment and weights daily. Many fitness clubs ask members to wipe down each machine after use, which may not always happen especially if the exercise area is particularly busy.

To eliminate germ buildup, custodians should clean touch points like free weights, treadmill controls, and machine handles and handlebars regularly. Disinfecting these surfaces with Century Q 256 will kill these germs.



Restrooms

Restroom cleaning and disinfecting will be easy using our electrostatic E-Spray system.

Custodians can kill germs instead of dragging them from room to room with mops and rags. The E-Spray system increases the cleanliness, making it safer for your customers and your employees.

Showers and Locker Rooms

The E-Spray Backpack is great for locker rooms. Custodians should address the locker areas several times per day in order to kill germs on these surfaces. The E-Spray System is effective for getting these areas disinfected.

Floors and Touch Points

Paper towel dispensers, benches, computer screens, and exercise mats are frequent touch points. Computers used in setting up workouts, be sure the keyboards and touchscreens get regularly cleaned with Century Q Wipes.





Tip:

Providing disinfecting wipes will allow your gym's participants to wipe down their own equipment before and after using it.

Product Guide

Multi-Task System

Each Multi-Task concentrate is available in the convenient two liter bottle labeled with a number identifier and color coded for easy identification.

Product	Description	Part No.	Certification
 007HD Double-O-Seven	Peroxide all purpose cleaner. Heavy duty dilution 1:20. Use through trigger sprayer.	908702	
 4 Foamy Mac®	Mild acid restroom, tub and shower cleaner. Use through trigger sprayer.	908742	
 17 Odor-Rite Tropical	Odor counteractant with enzymes. Use through the E-Spray Gun or Backpack.	908872	
 33 Soap Scum	Foaming non-acid restroom, tub and shower cleaner. Use through trigger sprayer.	908882	
 64 Millennium Q	Restroom disinfectant cleaner, hospital grade, EPA registered. Use through the E-Spray Gun or Backpack.	908892	
 70 Tough Green	All purpose cleaner-degreaser. Use through trigger sprayer or in mop buckets.	908972	
 256 Century Q	One step neutral hospital grade disinfectant, EPA registered. Use through the E-Spray Gun or Backpack.	908912	

Warning & Disclaimer: Results may vary. Multi-Clean chemicals are to be used only by appropriately trained personnel. IMPROPER USE POSES RISK OF PHYSICAL INJURY OR PROPERTY DAMAGE. See appropriate Multi-Clean Method Bulletin for further warnings and information for your application. The suitability of and proper application of this product is the responsibility of the applicator. The manufacturer disclaims all warranties, express and implied, including any warranties of MERCHANTABILITY AND FITNESS OF PURPOSE. The manufacturer's liability is limited to replacement of or reimbursement for any product proved defective. No person has authority to waive these disclaimers or make any representations or warranties on behalf of the manufacturer, except in writing signed by the manufacturer.

Multi-Clean®

600 Cardigan Road
Shoreview, Minnesota
Phone 651-481-1900
Web www.multi-clean.com

Form 1200
06022018